

Enjoy Your Journey to the School: how to inspire and prepare pupils for cycling to the school? - The Hungarian way

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Who we are?

Vuelta Sports Office

- ▶ Cycling events
 - ▶ Tour de Hongrie
- ▶ Cycling education



Bringasuli (Bikeschool)

The Hungarian cycling educational program

- ▶ Training for trainers programs
- ▶ Development of educational materials
- ▶ Bicycle days in primary schools
- ▶ International projects (Erasmus+)



Training for trainers programs

- Focusing on everyday cycling



- Focusing on bicycle tours



Cycling education in Hungary

- ▶ Methodology:
 - ▶ Teachers prepared for education
 - ▶ Lessons in the schoolyard + in real traffic conditions
 - ▶ Focusing on 4-6 class (10-12 years old) pupils



Lessons in the schoolyard

- ▶ Preparing children for cycling in real traffic conditions
- ▶ Cycling is fun - playful way of learning
- ▶ 4 lessons
- ▶ Groups of 12



Lessons on the street

- ▶ Quite streets nearby
- ▶ Smaller groups (6 pupils)
- ▶ Start, stop, right and left turn
- ▶ Real traffic conditions



Achievements + Behind the numbers

- ▶ More than 100 teachers involved
- ▶ 1800 pupils involved in 144 groups

„Pupils enjoyed the lessons and were proud of fulfilling all tasks, while parents were really thankful.”

„I really enjoyed the lessons, got a lot of positive feedback.”

„This is what pupils need! Playful and interactive learning, trying everything during the lessons!”



Challenges

- ▶ Increasing number of pupils: 10 000 children to involve in 2025-2026
- ▶ Involving more teachers
- ▶ Much more publicity



Challenges

- ▶ Permanent renewal
 - ▶ Development of the trainings
 - ▶ Permanent learning: international cooperation, study tours
 - ▶ Erasmus+ project: development of guidelines for implementing school streets



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