

# CYCLING TRAINING AND CYCLING EXAM AT SLOVENIAN PRIMARY SCHOOLS

## THE CONCEPT AND SYSTEM OF TRAINING FOR SAFE CYCLING AND CYCLING EXAM IN SLOVENIA

### THE DOCUMENT:

### THE CONCEPT OF BICYCLE RIDING TRAINING AND CYCLING EXAM IN PRIMARY SCHOOLS

- ➡ is a document that defines the purposes and general goals, content, methods, and forms of work in primary schools for training students to ride bicycles
- ➡ the aim is to equip children for independent cycling in road traffic and obtaining the **CYCLING CARD**

Program osnovne šole in prilagojeni programi osnovne šole

KONCEPT

## USPOSABLJANJE ZA VOŽNJO KOLESA IN KOLESARSKI IZPIT V OSNOVNI ŠOLI



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### SLOVENIAN LEGISLATION

- ➡ the Law on Drivers grants children who are at least eight years old the right to ride a bicycle independently in road traffic if they have completed theoretical and practical training for riding a bicycle and have successfully passed the cycling exam – if they have **A VALID CYCLING CARD**
- ➡ primary schools in Slovenia **are required** to conduct cycling exams
- ➡ Schools are **obliged to inform parents** about the concept of bicycle training and the process of the cycling exam. **Parents must give written consent** for their child to participate in the training.



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## THE CONCEPT AND SYSTEM OF TRAINING FOR SAFE CYCLING AND CYCLING EXAM IN SLOVENIA

### THE PROCEDURE

- ➡ **primary schools, with the help of parents, municipal road safety councils, and the police**, organise the preparation of children for independent bicycle riding in road traffic and the assessment of their knowledge and abilities
- ➡ **teachers must conduct the bicycle training program, have to complete a seminar by the Institute of Education of the Republic of Slovenia and need to follow the concept** of bicycle training and the cycling exam in primary school



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## THE CONTENT OF THEORETICAL AND PRACTICAL TRAINING FOR SAFE CYCLING AND THE PROCESS OF CYCLING EXAM

### ACQUISITION OF THEORETICAL KNOWLEDGE AND THEORETICAL TEST (15-20 hours)

→ begins in the first grade of primary school and continues until the third grade, focusing mainly on theoretical training and acquiring knowledge about traffic signs, traffic rules, and safe behaviour in traffic

→ the test is usually conducted in the fourth grade (some schools conduct it in the fifth grade) of the nine-year primary school system.



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## THE CONTENT OF THEORETICAL TRAINING FOR SAFE CYCLING AND THE PROCESS OF CYCLING EXAM

➡ the theoretical part of the cycling training and the exam simulation (exercises that students can solve) take place through the *Kolesar* online portal

(<https://skupnost.sio.si/enrol/index.php?id=10394>)

➡ the theoretical part of the cycling exam is conducted via the *Kolesar* online portal with pre-prepared questions that are randomly selected based on specific areas of traffic regulations and the difficulty of the questions

➡ each student receives 20 questions, and the system automatically records the individual's result



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## PRACTICAL TRAINING FOR SAFE CYCLING AND THE PROCESS OF CYCLING EXAM

### 1. TRAINING GROUND

→ practical training is conducted in the **fifth grade** of the nine-year primary school system (possibly earlier at the suggestion of parents and with the consent of the teachers)

→ divided into **SKILLS COURSE AND TRAFFIC COURSE**



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## PRACTICAL TRAINING FOR SAFE CYCLING AND THE PROCESS OF CYCLING EXAM

### SKILLS COURSE

➡ before students begin riding and practicing on the skills course, they need to have **a technical inspection examination of their bicycles** (Safe Bicycle sticker) and **a helmet**

⇒ the skills course is being prepared and planned by the Public Agency of the Traffic Safety of Slovenia

⇒ the skills course consists of **11 obstacles that simulate various skills needed for riding a bicycle in actual traffic** (turning, weaving, riding over obstacles, riding uphill, riding with one hand, maintaining balance, stopping)



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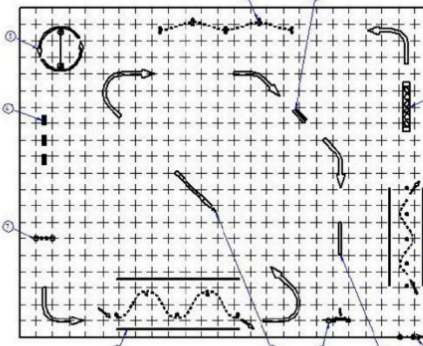
# CYCLING TRAINING AND CYCLING EXAM AT SLOVENIAN PRIMARY SCHOOLS

## PRACTICAL TRAINING FOR SAFE CYCLING AND THE PROCESS OF CYCLING EXAM

**11 obstacles that simulate various skills needed for riding a bicycle in actual traffic (turning, weaving, riding over obstacles, riding uphill, riding with one hand, maintaining balance, stopping)**

Štartna številka: \_\_\_\_\_

SPRETNOSTNA VOZNJA NA POLIGONU "A"



| Zap. št.               | Ovira                           | 5 točk | 10 točk | 30 točk |
|------------------------|---------------------------------|--------|---------|---------|
| 1.                     | START – I. ovira                |        |         |         |
| 2.                     | NEENAKOMERNI SLALOM – II. ovira |        |         |         |
| 3.                     | DESKA Z LUKNJAMI – III. ovira   |        |         |         |
| 4.                     | SLALOM MED OŽINAMI – IV. ovira  |        |         |         |
| 5.                     | PRENOS PREDMETA – V. ovira      |        |         |         |
| 6.                     | DOLGA OŽINA – VI. ovira         |        |         |         |
| 7.                     | PREHODNA VRATA – VII. ovira     |        |         |         |
| 8.                     | RAZMAKNJEN SLALOM – VIII. ovira |        |         |         |
| 9.                     | ŽAGA – IX. ovira                |        |         |         |
| 10.                    | KRATKA OŽINA – X. ovira         |        |         |         |
| 11.                    | OZKA DESKA – XI. ovira          |        |         |         |
| 12.                    | USTAVITEV – CILJ – XII. ovira   |        |         |         |
| Skupaj napak:          |                                 |        |         |         |
| SKUPAJ kazenskih točk: |                                 |        |         |         |

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## PRACTICAL TRAINING FOR SAFE CYCLING AND THE PROCESS OF CYCLING EXAM

### TRAFFIC COURSE

➡ training on the traffic course, **connecting** theoretical knowledge with practical skills.

➡ allows students to test basic traffic rules for cycling on a safe surface (in the schoolyard or on the school playground with relatively few simple tools.



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## PRACTICAL TRAINING FOR SAFE CYCLING AND THE PROCESS OF CYCLING EXAM

### 2.CYCLING IN TRAFFIC

the teacher rides with the students, leading the group so that students can observe

→ the other teacher follows behind to monitor their behavior and correct it if necessary

→ successful training on public traffic surfaces is followed by the practical part of the cycling exam, during which **the student must independently complete the route** on which the training took place

The teacher must prepare an **evaluation sheet** adapted to the traffic conditions on the route, which assist examiners during the cycling exam.



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**The cycling exam** is the first exam that a child can take in Slovenia.

**Cycling card** is a first real document that the child has earned on his own and gives him a certain independence.

**Cycling exam** is very important in child's developmental journey --> duty and responsibility.

**Cycling card** - if successfully completed the theoretical part, practical bicycle riding on the course, and practical riding on public traffic surfaces according to the criteria.

**Cycling cards** --> are evidence of childrens' ability to ride independently and must be carried at all times while riding independently.



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